

Mechanical Systems



HVAC Fundamentals

HVAC Systems

Purpose

Heating, Ventilating, and Air Conditioning (HVAC) systems are designed to provide and control:

- Temperature (heat intensity)
- Enthalpy (heat quantity in the air)
- Humidity (relative, dew point)
- Pressure (atmospheric, building pressurization)
- Air Motion (mechanical, fans, diffusers)
- Ventilation (air freshness, oxygen content)
- Air Quality (pollution, contaminant, odors)



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Indoor Air Quality (IAQ)



HVAC Fundamentals

American Society of Heating, Refrigeration, and Air Conditioning Engineers ([ASHRAE](http://www.ashrae.org))



ANSI/ASHRAE Standard 62.1-2013
(Supersedes ANSI/ASHRAE Standard 62.1-2010)
Includes ANSI/ASHRAE addenda listed in Appendix C

Ventilation for Acceptable Indoor Air Quality

See Appendix C for approval data by the ASHRAE Standards Committee, the ASHRAE Board of Directors, and the American National Standards Institute.

This standard is under continuous maintenance by a Standing Standard Project Committee (SSPC) for which the Standards Committee has established a documented program for regular publication of addenda or revisions, including procedures for timely documentation, consensus action on requests for change to any part of the standard. The change submission forms, instructions, and deadlines may be obtained in electronic form from the ASHRAE website (www.ashrae.org) or in paper form from the Manager of Standards. The latest edition of an ASHRAE Standard may be purchased from the ASHRAE website (www.ashrae.org) or from ASHRAE Customer Service, 1791 Tullie Circle, NE, Atlanta, GA 30329-2395. E-mail: orders@ashrae.org. Fax: 478-529-2129. Telephone: 404-636-6900 (worldwide), or toll free 1-800-527-4722 (for orders in US and Canada). For reprint permission, go to www.ashrae.org/permissions.

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ANSI/ASHRAE Standard 62.2-2013
(Supersedes ANSI/ASHRAE Standard 62.2-2010)
Includes ANSI/ASHRAE addenda listed in Appendix C

Ventilation and Acceptable Indoor Air Quality in Low-Rise Residential Buildings

See Appendix C for approval data by the ASHRAE Standards Committee, the ASHRAE Board of Directors, and the American National Standards Institute.

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ANSI/ASHRAE Standard 52.2-2017
(Supersedes ANSI/ASHRAE Standard 52.2-2012)
Includes ANSI/ASHRAE addenda listed in Appendix H

Method of Testing General Ventilation Air-Cleaning Devices for Removal Efficiency by Particle Size

See Information Appendix H for approval data by the ASHRAE Standards Committee, the ASHRAE Technology Committee, and the American National Standards Institute.

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ANSI/ASHRAE Standard 55-2017
(Supersedes ANSI/ASHRAE Standard 55-2013)
Includes ANSI/ASHRAE addenda listed in Appendix N

Thermal Environmental Conditions for Human Occupancy

See Appendix N for approval data.

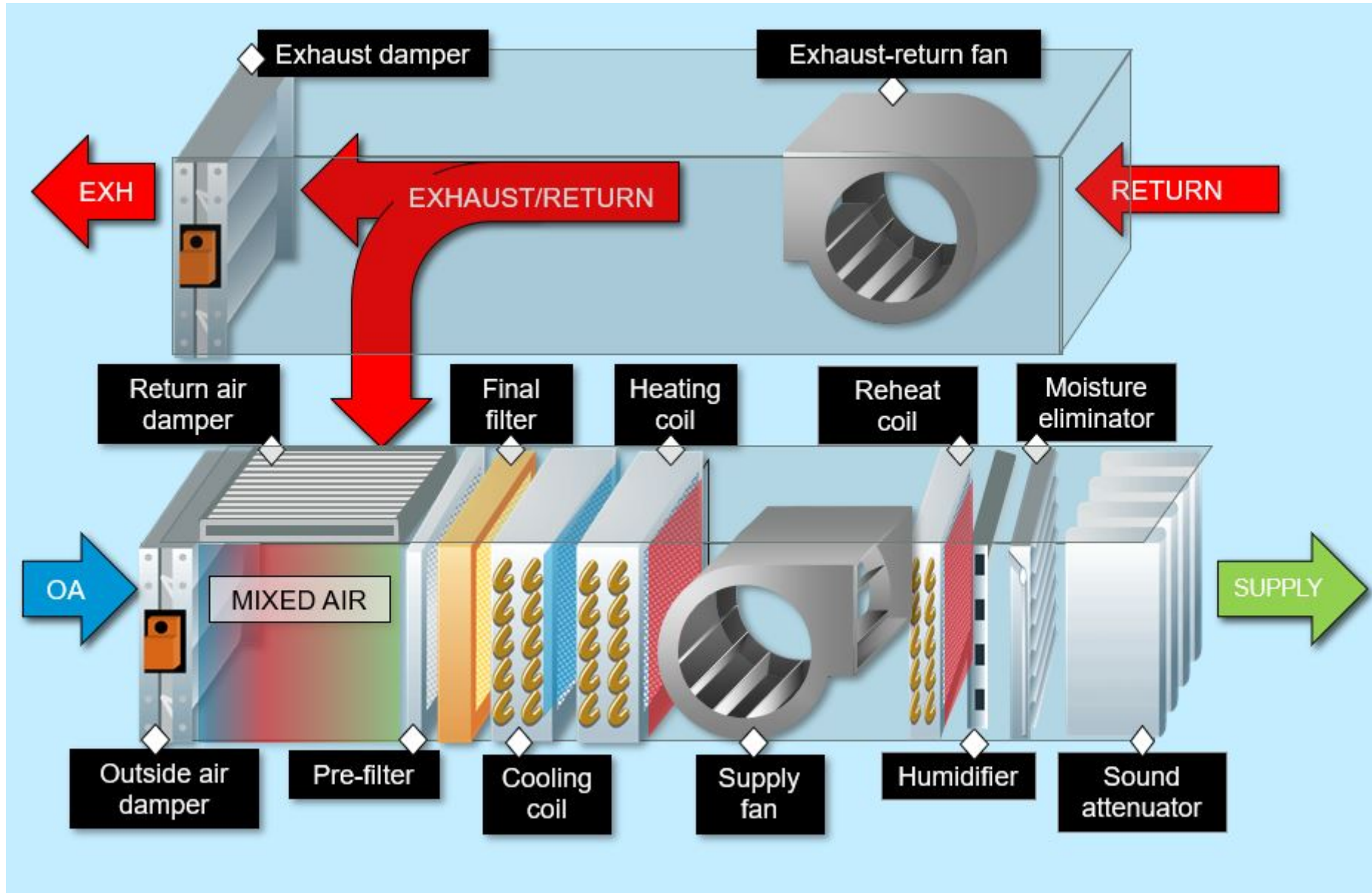
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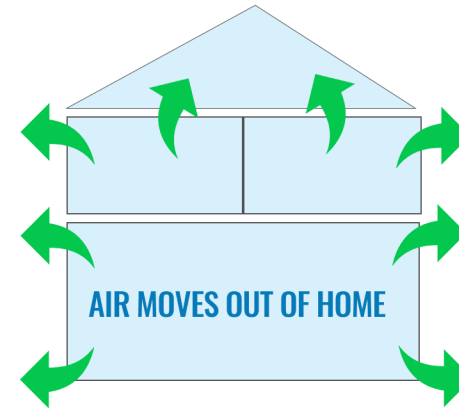
Design



Building Pressurization

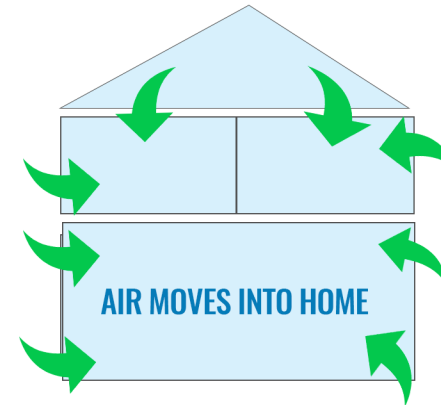
Positive Air Pressure

- Your air pressure inside is **greater** than pressure outside
- Air gets pushed into walls and insulation



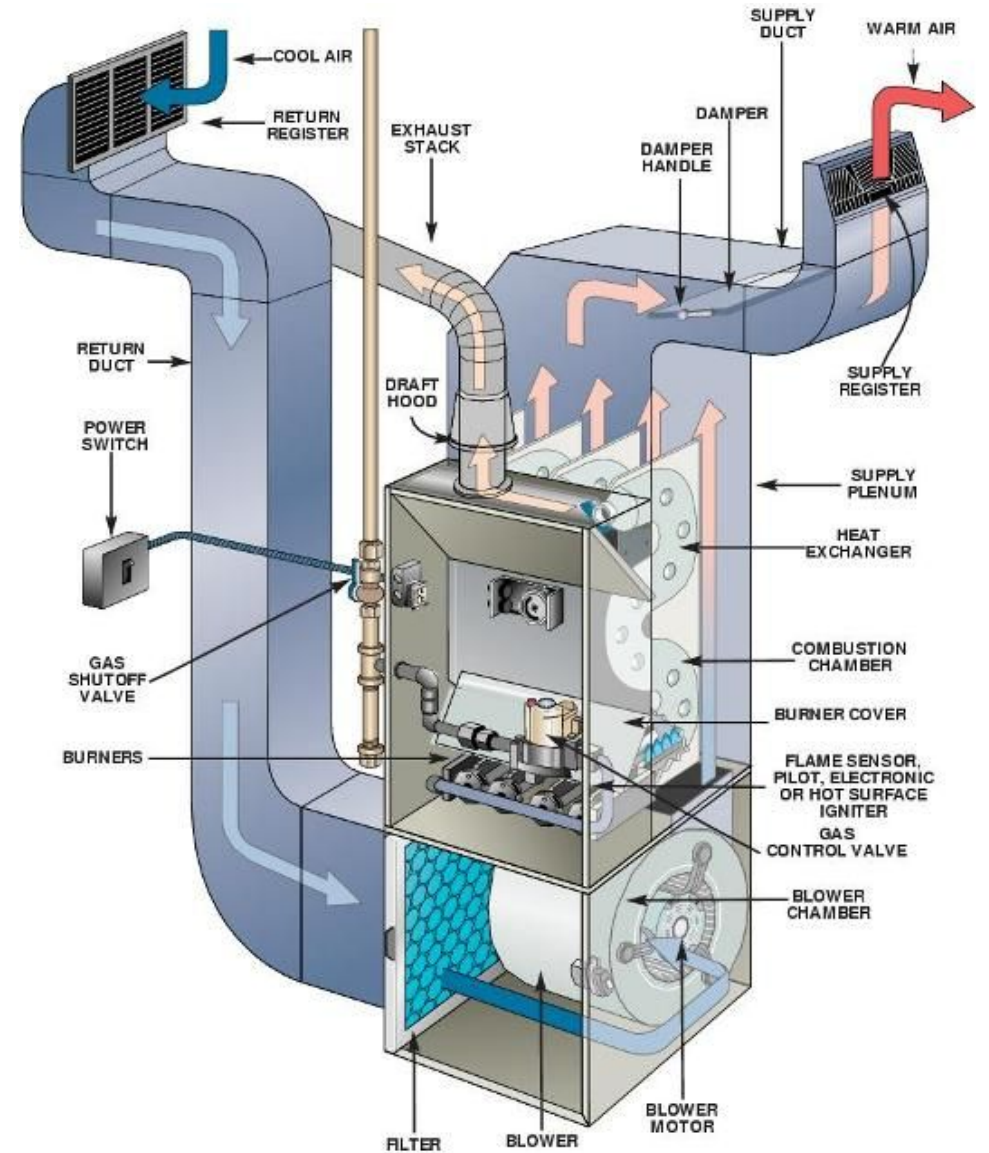
Negative Air Pressure

- When indoor air pressure is **lower** than pressure outside
- **Outside air rushes in** to try and balance out the pressure difference



HVAC Fundamentals

HVAC Components Heating



HVAC Fundamentals

HVAC Components Ventilation

Natural Ventilation (Passive)



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HVAC Components Ventilation

Mechanical Ventilation (Active)

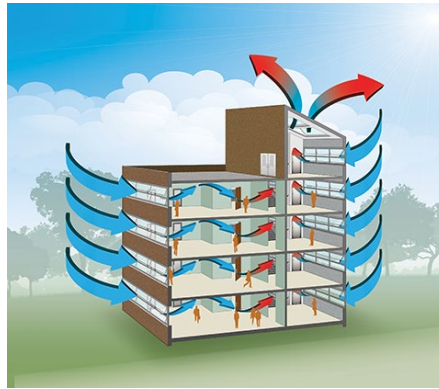


HVAC Fundamentals

HVAC Components Ventilation

EPA - IAQ

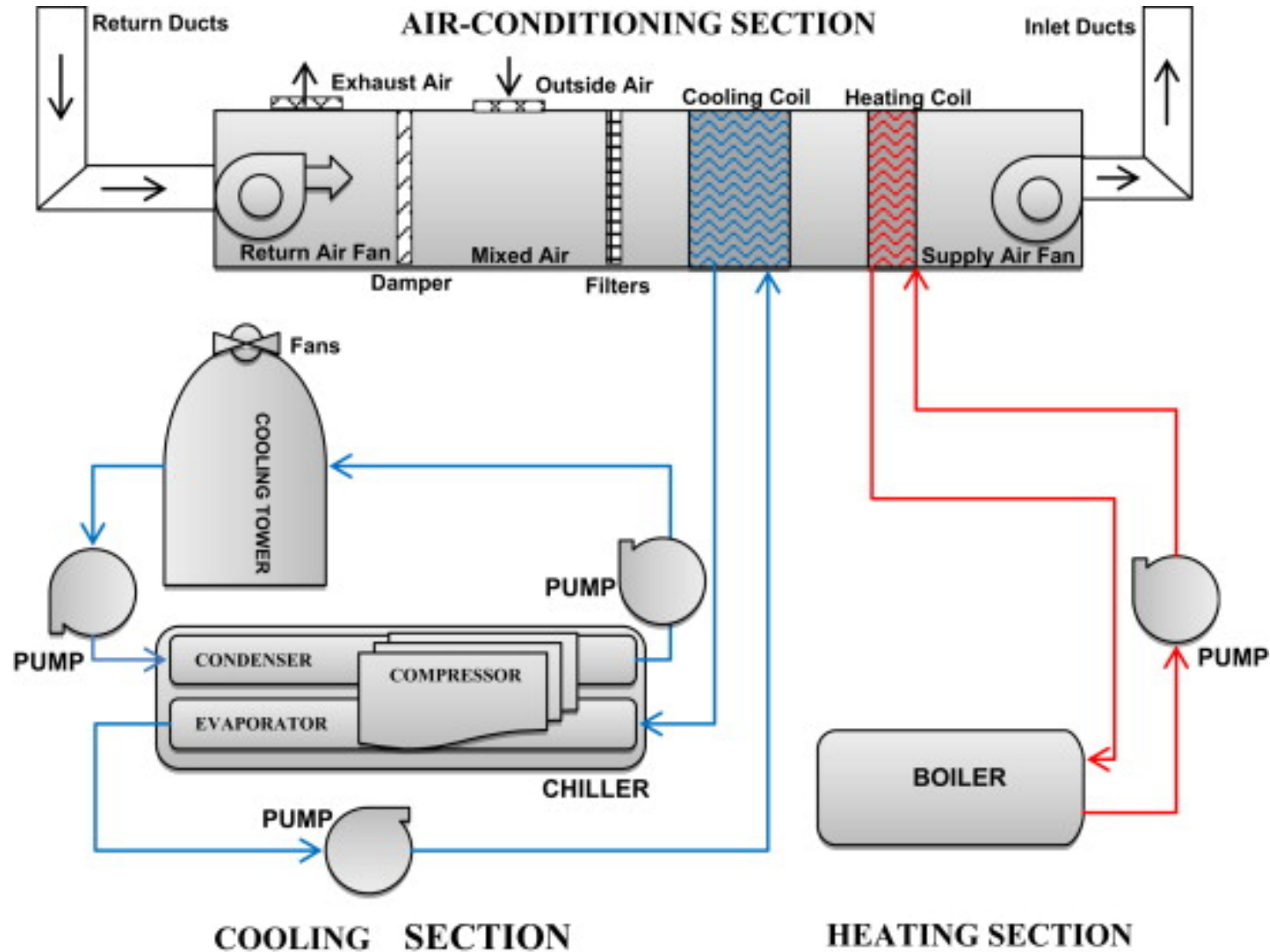
<https://www.epa.gov/indoor-air-quality-iaq>



<https://www.calacademy.org/efficient-building-design>

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HVAC Components Air Conditioning



HVAC Fundamentals

HVAC Components Air Conditioning



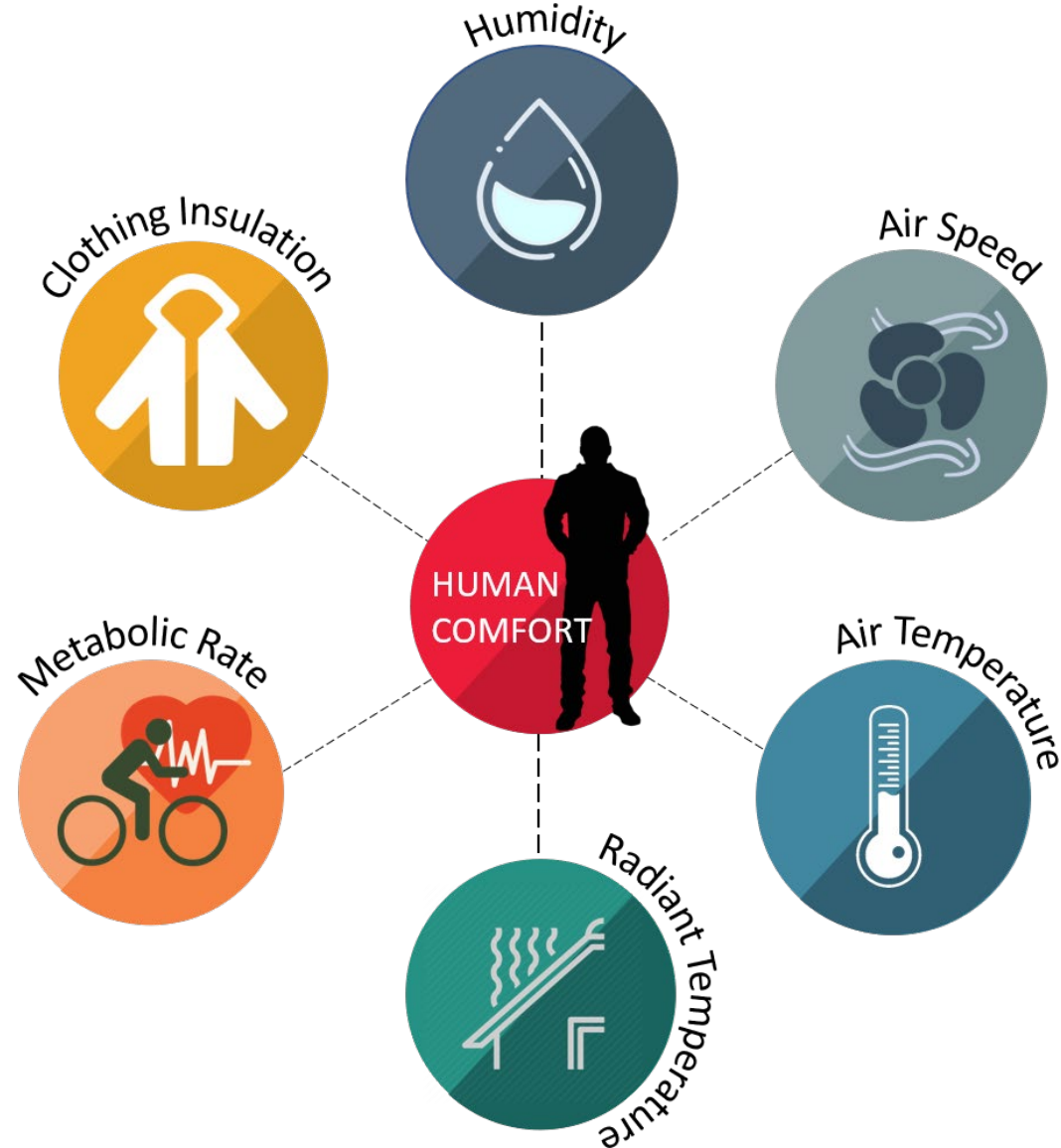
Air Cooled



Water Cooled

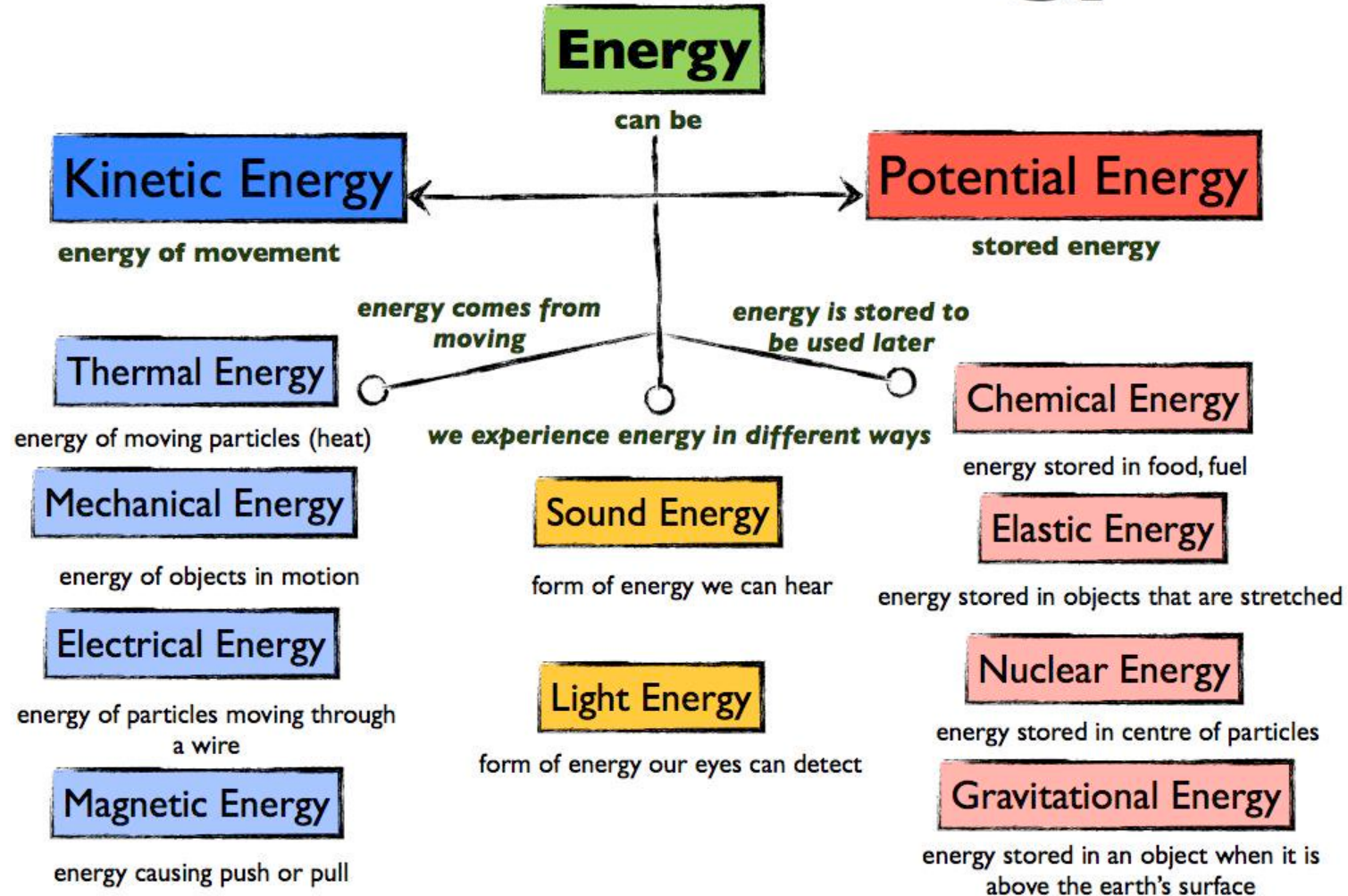
HVAC Fundamentals

HVAC Components Air Conditioning



Basics of Energy

Forms of Energy



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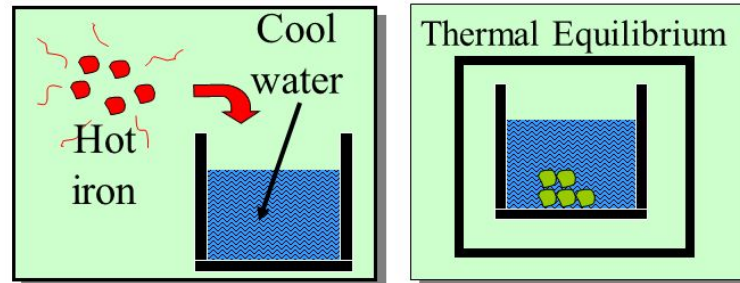
Thermal (Heat) Energy

- ❑ Energy of any object with a temperature above absolute zero, due to the kinetic energy of its molecules.
- ❑ For a given quantity of material, the higher its temperature, the more thermal energy it has.
- ❑ Heat is not something an object has, but rather the energy that it absorbs or gives up.

Conservation of Energy

Whenever there is a transfer of heat within a system, the heat lost by the warmer bodies must equal the heat gained by the cooler bodies:

$$\Sigma (\text{Heat Losses}) = \Sigma (\text{Heat Gained})$$



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Units of Heat

Calorie (cal)

- One calorie (1 cal) is the quantity of heat required to raise the temperature of 1 g of water 1 °C
- 10 calories of heat will raise the temperature of 10 g of water by 10 °C
- One kilocalorie (1 kcal) is the quantity of heat required to raise the temperature of 1 kg of water 1 °C

British Thermal Unit (Btu)

- One British Thermal Unit (1 Btu) is the quantity of heat required to raise the temperature of 1 lb of water 1 °F
- 10 Btu will raise the temperature of 10 lb of water by 10 °F
- The British Thermal Unit (Btu) is widely used in the HVAC industry. It is an outdated unit.
- When working with the Btu, the pound unit is actually a unit of mass, not weight.

SI Unit of Heat

- Joule - the SI unit of work or energy, equal to the work done by a force of one newton when its point of application moves one meter in the direction of action of the force.

Heat Formula

Heat flows from the point of higher temperature to one of lower temperature.

The heat content, Q, is given by the equation:

$$Q = M \times C \times \Delta T$$

Where

Q = heat absorbed (or released) (Btu)

M = mass (lb)

C = heat capacity (often called “specific heat”) (Btu/lb °F)

ΔT = temperature increase or decrease, °F

Example 1.

A 12 ft X 20 ft concrete patio is 6 in thick. If the slab is warmed by the sun to 90°F during the day and cools to 45°F overnight, how much heat is stored and released by the floor on a daily basis?

HVAC Fundamentals

Example 1.

A 12 ft X 20 ft concrete patio is 6 in thick. If the slab is warmed by the sun to 90°F during the day and cools to 45°F overnight, how much heat is stored and released by the floor on a daily basis?

Solution.

For Concrete, $C = 0.21 \text{ Btu/lb}^\circ\text{F}$ (specific heat)
 $\rho = 144 \text{ lb/ft}^3$ (density)
 $W = \rho v$ (M)

Heat Storage

$$Q = M \times C \times \Delta T$$

$$Q = (12 \text{ ft} \times 20 \text{ ft} \times 6 \text{ in} \times 1 \text{ ft}/12 \text{ in}) \times 144 \text{ lb/ft}^3 \times 0.21 \text{ Btu/lb}^\circ\text{F} \times (90^\circ\text{F} - 45^\circ\text{F})$$

$$Q = 120 \text{ ft}^3 \times 144 \text{ lb/ft}^3 \times 0.21 \text{ Btu/lb}^\circ\text{F} \times 45^\circ\text{F}$$

$$Q = 163,296 \text{ Btu}$$

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Heat Capacity

The heat capacity of a substance is the heat required to raise the temperature a unit degree.

Density and Heat Capacity for many common materials are listed in the table below.

<u>Material</u>	<u>Density (lb/ft³)</u> ρ	<u>Heat Capacity (Btu/lb°F)</u> C
Water	62.4	1.0
Wood	45	0.57
Foam Insulation	2.5	0.34
Air	0.075	0.24
Concrete	144	0.21
Steel	489	0.12
Aluminum	169	0.215

Example 2.

How much heat (Btus) will be stored in a 100-ft² concrete wall 8-in thick if it is warmed from 55°F to 85°F by exposure to sunlight?

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How much heat (Btus) will be stored in a 100-ft² concrete wall 8-in thick if it is warmed from 55°F to 85°F by exposure to sunlight?

Solution.

Heat Storage

$$Q = M \times C \times \Delta T$$

$$Q = (100 \text{ ft}^2 \times 8 \text{ in} \times 1 \text{ ft}/12 \text{ in}) \times 144 \text{ lb}/\text{ft}^3 \times 0.21 \text{ Btu}/\text{lb}^\circ\text{F} \times (85^\circ\text{F} - 55^\circ\text{F})$$

$$Q = (67 \text{ ft}^3 \times 144 \text{ lb}/\text{ft}^3) \times 0.21 \text{ Btu}/\text{lb}^\circ\text{F} \times 30^\circ\text{F}$$

$$Q = 60,480 \text{ Btu}$$

Example 3.

2 kg of Aluminum (AL) is heated from 20°C to 100°C. The specific heat of AL is 0.91 kJ/kg °C and the heat required can be calculated as:

HVAC Fundamentals

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2 kg of Aluminum (AL) is heated from 20°C to 100°C. The specific heat of AL is 0.91 kJ/kg °C and the heat required can be calculated as:

Solution.

$$Q = M \times C \times \Delta T = 2 \text{ kg} \times 0.91 \text{ kJ/kg } ^\circ\text{C} \times (100^\circ\text{C} - 20^\circ\text{C}) = 145.6 \text{ kJ}$$

How many Btu's? [rapidtables.com](https://www.rapidtables.com) 138 Btu

Example 4.

One litre of water is heated from 0°C to boiling (100°C). Specific heat of water is 4.19 kJ/kg °C and the heat required can be calculated as:

HVAC Fundamentals

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One litre of water is heated from 0°C to boiling (100°C). Specific heat of water is 4.19 kJ/kg °C and the heat required can be calculated as:

Solution.

$$Q = M \times C \times \Delta T = (1 \text{ litre} \times 1 \text{ kg/litre}) \times (4.19 \text{ kJ/kg } ^\circ\text{C}) \times (100^\circ\text{C} - 0^\circ\text{C}) = 419 \text{ kJ}$$

How many Btu's? rapidtables.com 397 Btu

Example 4.

Convert from SI to US

$$Q = 419 \text{ kJ} = 419,000 \text{ J}$$

$$1 \text{ J} = 0.000948 \text{ Btu}$$

$$1000 \text{ J} = 1 \text{ kJ} = 0.948 \text{ Btu}$$

$$Q = 419 \text{ kJ} \times 0.948 \text{ Btu} / \text{kJ} = 397 \text{ Btu}$$

Example 4.

Using US Units

1 litre = ? lb Can't Compare!

A litre is a unit of Volume

A lb is a unit of Weight

1 litre weighs 1 kg

There are 2.20462 lb /1 kg

$$Q = M \times C \times \Delta T = 2.20462 \text{ lb} \times 1 \text{ Btu/lb } ^\circ\text{F} \times (212^\circ\text{F} - 32^\circ\text{F}) = 397 \text{ Btu}$$

HVAC Fundamentals

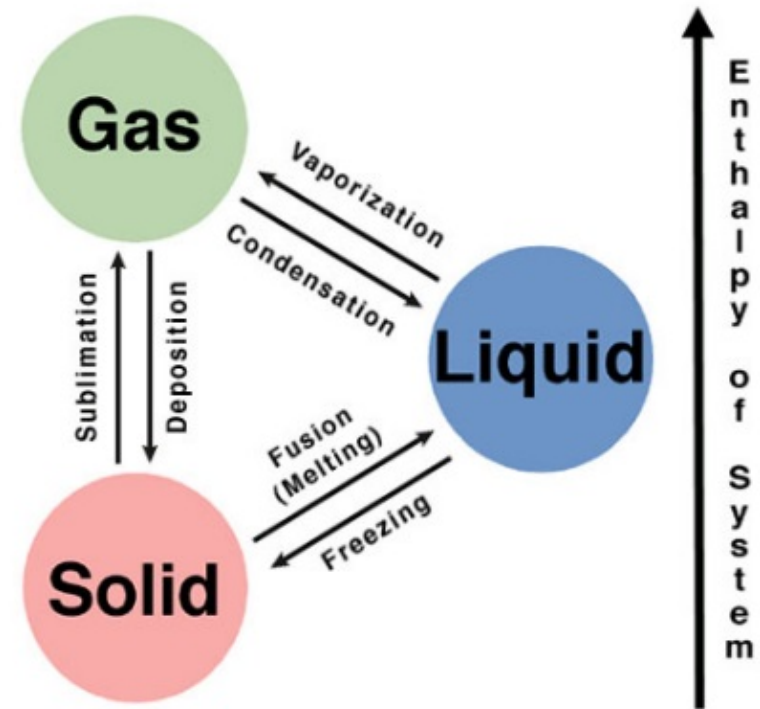
Sensible and Latent Heat

Sensible Heat

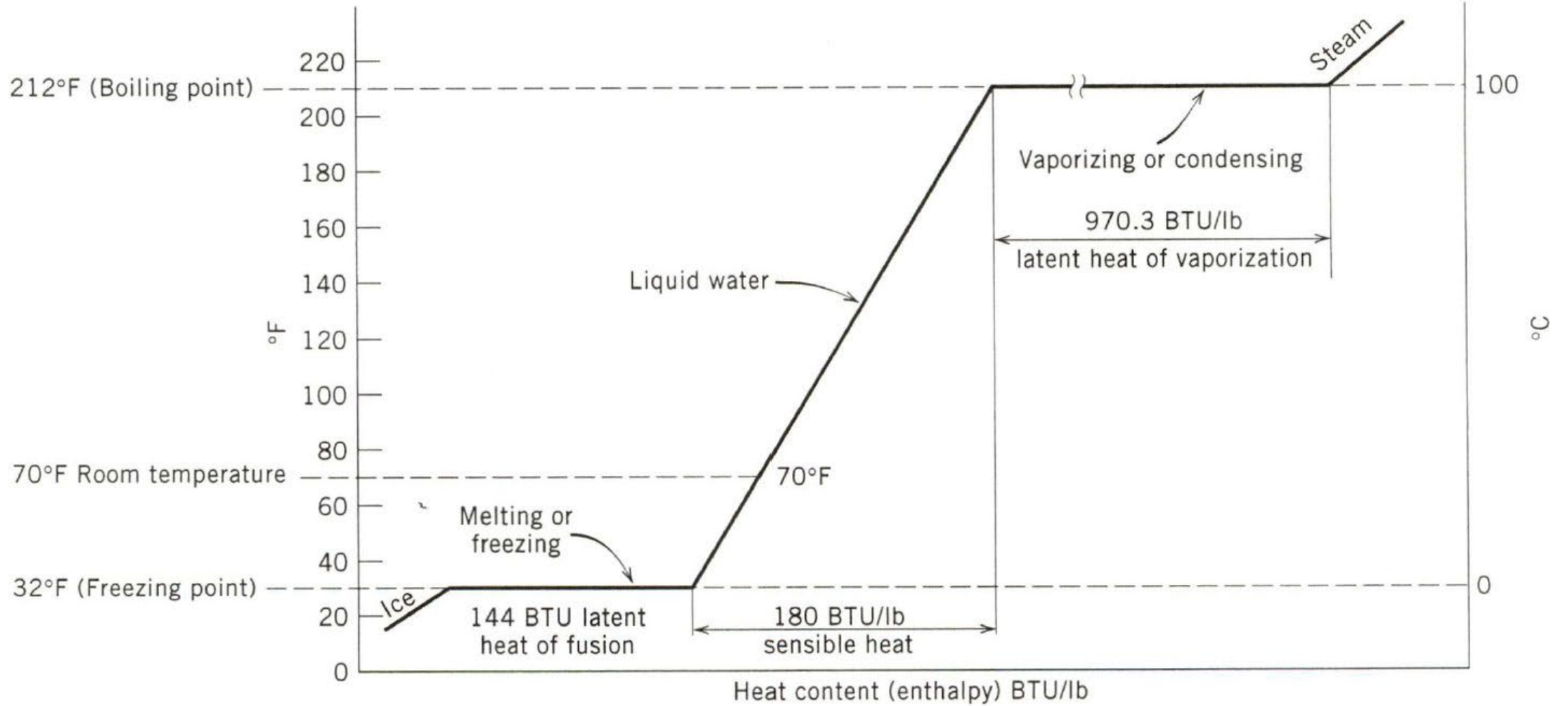
Causes a change in temperature of substance when heat is added or removed. Can be measured by a thermometer.

Latent Heat

Causes a change of state in the substance when heat is added or removed. Changing a solid to a liquid or a liquid to a gas while the temperature remains constant.



HVAC Fundamentals



Example 5.

How much heat must be added to a 1 lb of water at room temperature (70°F) to bring it to the boiling point?

HVAC Fundamentals

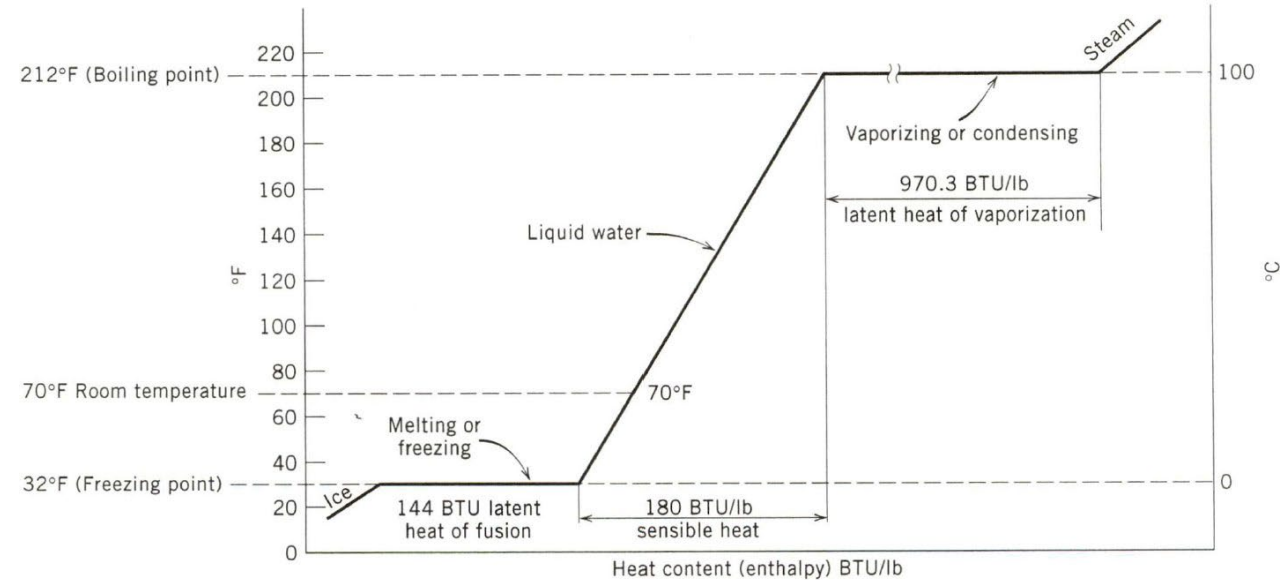
Example 5.

How much heat must be added to a 1 lb of water at room temperature (70°F) to bring it to the boiling point?

Solution.

$$Q = M \times C \times \Delta T$$

$$Q = 1 \text{ lb} \times 1 \text{ Btu/lb}^\circ\text{F} \times (212^\circ\text{F} - 70^\circ\text{F}) = 142 \text{ Btu}$$



HVAC Fundamentals

Example 6.

A block of ice, 1 ft³ in volume, is taken from a freezer where it was stored at 20°F (-6.7 °C) .
How many BTU of heat will be required to convert the ice to water at 60°F?

HVAC Fundamentals

Example 6.

A block of ice, 1 ft³ in volume, is taken from a freezer where it was stored at 20°F (-6.7 °C) . How many BTU of heat will be required to convert the ice to water at 60°F?

Solution.

Weight of the ice: $M = 1 \text{ ft}^3 \times 62.41 \text{ lb/ft}^3 = 62.41 \text{ lb}$

Sensible Heat needed to raise the temperature from 20°F to 32°F

$$Q = 62.41 \text{ LB} \times 1 \text{ Btu/lb}^\circ\text{F} \times (32^\circ\text{F} - 20^\circ\text{F}) = 748.92 \text{ Btu}$$

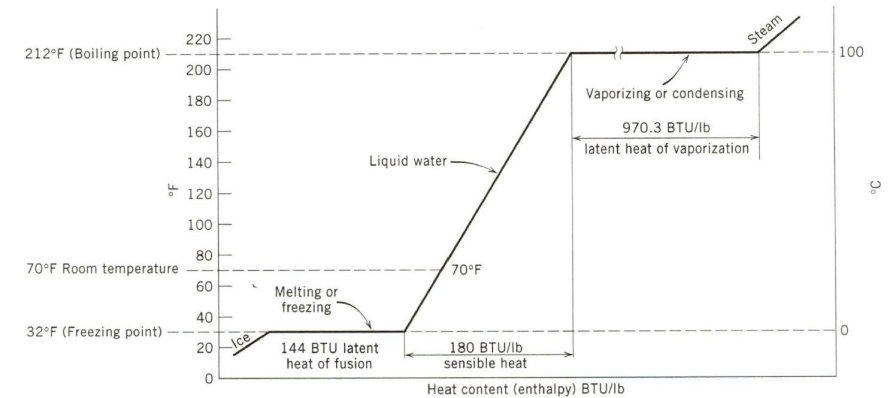
Latent Heat is involved since there is a phase change from solid (ice) to liquid (water)

$$Q = 62.41 \text{ lb} \times 144 \text{ Btu/lb} = 8,987.04 \text{ Btu}$$

Sensible Heat is needed to raise the temperature from melted @32 °F to 60 °F

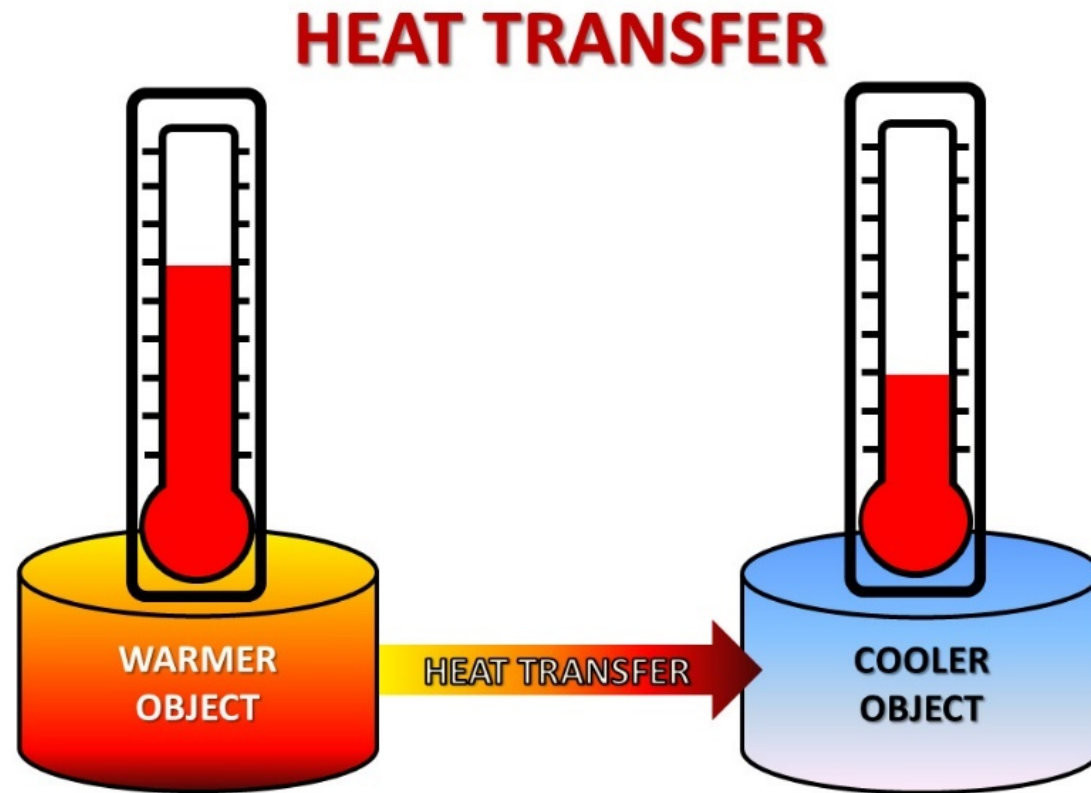
$$Q = 62.41 \text{ lb} \times 1 \text{ Btu/lb}^\circ\text{F} \times (60^\circ\text{F} - 32^\circ\text{F}) = 1,747.48 \text{ Btu}$$

$$\begin{aligned} \text{Total Heat (Enthalpy)} &= \text{Latent Heat} + \text{Sensible Heat} \\ &= 748.92\text{Btu} + 8,987.04 \text{ Btu} + 1,747.48 \text{ Btu} = 11,483 \text{ Btu} \end{aligned}$$



HVAC Fundamentals

Heat Transfer: Conduction, Convection, Radiation



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Conduction

Transfer of heat between substances that are in direct contact with each other. The better the conductor, the more rapidly heat will be transferred.

Examples:

A cold cast iron skillet is placed onto a stovetop. When the stove is turned on, the skillet becomes very hot due to the conduction of heat from the burner to the skillet.

A cube of ice placed in your hand.

Heat Transfer



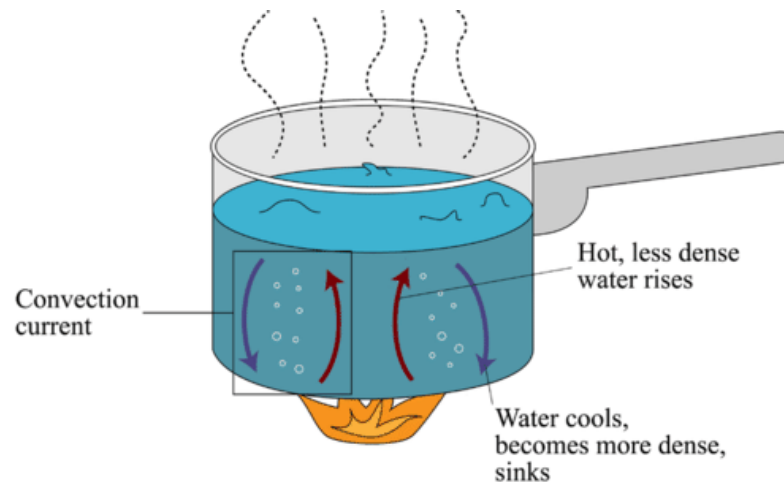
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Convection

Thermal energy is transferred from hot places to cold places by convection. Convection occurs when warmer areas of a liquid or gas rise to cooler areas in the liquid or gas. Cooler liquid or gas then takes the place of the warmer areas which have risen higher. This results in a continuous circulation pattern.

Example:

Boiling water - The heat passes from the burner into the pot, heating the water at the bottom. Then, this hot water rises and cooler water moves down to replace it, causing a circular motion.



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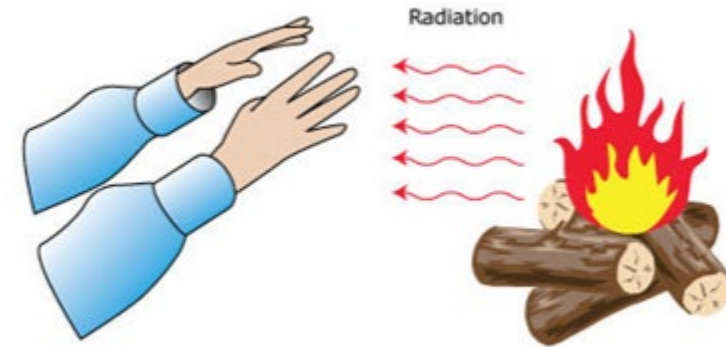
Radiation

Transfer of heat through space from a mass at a higher temperature to a mass at a lower temperature via electromagnetic waves.

Examples:

Sun warms your body

Heat from a fire



Mean radiant temperature (MRT) is a measure of the average temperature of the surfaces that surround a point, with which it will exchange thermal radiation.

HVAC Fundamentals

Power

The rate of energy flow is “power”.

The unit of power for thermal energy is in Btus per hour, abbreviated Btuh (BTUH)

This unit is used in quantifying the amount of heating gained or lost by a structure (load) and the amount of heating or cooling capacity required by equipment to offset the heat or load.

TABLE 1.1 Forms and Units of Energy and Power

Energy Form	Unit of Measure		Conversion to Btu
	Energy	Power	
Heat	British thermal unit (Btu)	British thermal unit per hour (Btuh)	1.00
Electric	Watt-hour (Wh)	Watt (W)	3.41
	Kilowatt-hour (kWh)	Kilowatt (kW)	3,413
Mechanical	Horsepower-hour (hp-hr)	Horsepower (hp)	2,545

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Power

For all forms of energy, the following equation will apply, but units will depend on the energy

$$\text{Power} = \frac{\text{Energy}}{\text{Time}}$$

$$\text{Power} \times \text{Time} = \text{Energy}$$

Example 7.

A 50 ft² x 6 in. concrete slab is in full sun all day and absorbed 72,000 Btu of heat energy. If the absorbed heat is released during the night between 11:00 pm and 5:00 am, what is the average capacity of the slab over this period to assist in heating the building?

Example 7.

A 50 ft² x 6 in. concrete slab is in full sun all day and absorbed 72,000 Btu of heat energy. If the absorbed heat is released during the night between 11:00 pm and 5:00 am, what is the average capacity of the slab over this period to assist in heating the building?

Solution.

$$\begin{aligned}\text{Power} &= \text{Energy} / \text{Time} \\ &= 72,000 \text{ Btu} / 6 \text{ hr} \\ &= 12,000 \text{ Btu/hr} = 12,000 \text{ Btuh}\end{aligned}$$